

## TRANSPORTATION

- Free parking is available in the reserved Surgical Center parking spots located to the left entrance of the building. You may also park in the visitor parking lot.
- If you need transportation to the surgery center, we would be happy to arrange a car service for you and your escort. Please schedule this transportation through your physician's office.
- Please remember, an escort is required for all surgical procedures. A car service does not suffice as an escort.



## THANK YOU

We appreciate the trust that you have placed in us and will make every attempt to honor that trust by providing the high quality medical care you expect and deserve.

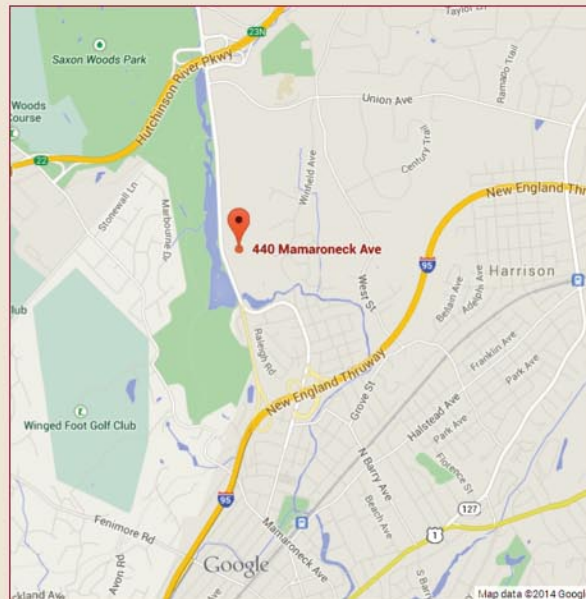
As an owner of the surgery center, your surgeon has control over the quality of care, staffing, and equipment which optimizes the patient experience from start to finish. Through ownership, our surgeons are able to make the important decisions that are necessary to make sure that our center is the best place for their patients.

Overall, it is huge advantage as a patient that their doctor has a seat at the table to help oversee their care.

We look forward to caring for you.



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**Surgical  
Specialty  
Center**  
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# Welcome To The Surgical Specialty Center of Westchester

Welcome to the **Surgical Specialty Center of Westchester**, a facility dedicated to providing excellence in outpatient ambulatory surgery. The following information is meant to familiarize you with the surgical process so you know what to expect on the day of your procedure.

## WHAT TO EXPECT BEFORE YOUR SURGERY

- If you have been instructed by your surgeon to see your primary care doctor before the procedure, please arrange for a pre-operative appointment as soon as possible. During this appointment you may be required to have the following tests performed: lab work, x-rays, EKG, and a physical exam. This medical assessment will be the first step in the pre-operative process.
- The day prior to your procedure, a nurse from the surgery center will call to conduct a quick questionnaire and assessment. During this assessment, she will ask you about any medical conditions that you may have as well as a list of medications you are currently taking. Please bring this list with you on the day of surgery. This step is very important. The nurse will also clarify what time you need to arrive at the center and what items you should bring with you and which to leave home. **All patients are required to have a responsible adult escort with them upon discharge.** Please make sure that this person is available and that you have their contact number handy on the day of surgery.
- A representative from our admitting office will also call you to review your insurance information, billing process, and payments.

## ON THE DAY OF SURGERY

### What should I bring with me?

- Insurance Card
- Photo ID
- Escort
- Medication List
- Advanced Directive/Living Will

### What can I eat or drink?

- You may not eat anything past midnight, UNLESS instructed otherwise by your physician or nurse during your pre-surgical phone call.

### What medications should I take?

- It is very important to take all medications in the morning, as prescribed by your physician. You may take these meds with a small sip of water. Do not hold any medications unless advised by your physician. Anticoagulants such as aspirin can affect bleeding on the day of surgery. Please check with your physician prior to surgery about anticoagulants.

### What if I have diabetes?

- Please follow-up with your primary care physician regarding your diabetes medication regime prior to surgery.

## DURING THE PROCEDURE

- The receptionist will welcome you for check in and review the paperwork you signed in your physician's office.
- Once the paperwork is complete, a nurse will escort you to get you ready for your procedure. Please leave all valuables and jewelry home on the date of surgery.
- You will meet with a member of our anesthesia team at this time (if applicable) and have your vital signs checked by the nurse.
- Once the intake process is complete, the operating room nurse will escort you into the procedure room and prepare you for your procedure.
- Following the procedure, you will remain in the recovery where you will be monitored until you are ready for discharge. At this time, the nurse will review your discharge instructions and answer any questions you may have.
- Once again, please make sure your escort is available upon discharge.

## AFTER THE PROCEDURE

- A nurse will call you the day following your procedure to see how you are feeling.

